

# Brook London

[www.brook.org.uk](http://www.brook.org.uk)

020 7787 5021

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LONDON  
COUNCILS

**BROOK LONDON** offers a specialist free and confidential sexual health service to all young people under 25 across London. We work in partnership with other agencies where this will further improve young people's sexual health

## **clinical services**

Pregnancy testing/contraception including long acting methods/emergency contraception/NHS abortion referral/testing and treatment for infections/ psychosexual problem consultations

## **counselling**

Experienced young people's counsellors providing one to one support around emotional well-being, including (but not limited to) relationships, sexuality and sexual health

## **education and outreach services**

Targeted sexual health programmes for young people vulnerable to poor sexual health such as: links to clinical sessions through information drop in sessions/ SRE programmes and drop in sessions in schools/working with boys and young men/young parents' support/group work/ intensive community Chlamydia screening

## **young people's involvement**

Involve young people at all levels to develop our services-through work experience, peer education and active participation

## **training**

Bespoke training delivered to professionals working with young people

## **condom distribution schemes**

These schemes aim to increase condom use amongst young people by making condoms more accessible, and to improve confidence and knowledge around sexual health issues