

# Free Training

for staff and volunteers working with African communities



## Improve and update your skills in promoting health in African Communities, get the 'FOCUS'

**Courses begin: July 7th, July 8th, 6th October and 4th November 2009**  
(see booking form for full schedule)

**Class day runs from 10am - 4pm**  
**Terrence Higgins Trust, 314-320 Grays Inn Road, London WC1X 8DP**

What skills do you need to become an effective health promoter? How can you improve your knowledge of sexually transmitted infections and get closer to a well-paid job as an advisor or outreach worker?

Do you want to make a positive change to the lives of many Africans who live in London?

Terrence Higgins Trust is launching a Health Promotion Skills course targeting individuals, staff and volunteers working with African communities in London. Trainees will gain an OCN-accredited certificate in African Communities Health Promotion.

The course offers supported participatory learning, and requires a minimum study time of 60 hours. Course topics include the following:

- HIV prevention needs of African communities in the UK
- Role of HIV and sexual health services in the UK
- Stigma and discrimination
- HIV testing and treatment
- Theoretical models of HIV prevention
- HIV prevention interventions
- Research, need analysis and data analysis in HIV prevention
- Planning evidence-based HIV prevention programmes
- Use of frameworks in monitoring and evaluating HIV prevention work with African communities

By the end of this modular course you will gain a good understanding of health promotion practices relevant to African communities. Through action learning methods, participants will also obtain professional mentoring, and they will be able to:

- Acquire and apply their knowledge and understanding to sexual health promotion
- Develop and apply personal and interpersonal skills to health promotion practices
- Engage with current research and familiarise themselves with recent academic discuss
- Improve their professional skills and competence
- Discuss and exchange ideas with other participants and professionals in the sector
- Meet the minimum professional qualification that employers in the sector look for.



To book your place contact Andie Dyer on 0207 812 1791, or email [andie.dyer@ttht.org.uk](mailto:andie.dyer@ttht.org.uk)

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