

Get Skilled

Get Paid

Get Support

Work Experience

Basic Skills

Food Safety

Boot Camp Exp
Retail

Forklift
Truck Drive

First Aid



Courses and activities for young people on the Activity Agreement Pilot Project (AAP)



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Course information

This booklet will tell you what courses and activities are on offer to you when you join the Activity Agreement Project.

The courses include Job Readiness, Motivation/Life Skills, Retail, Youth work, Multimedia and many more.

While you are on the Activity Agreement Project you will have the chance to gain certificates and/or qualifications to build your CV.

Have a look at the course descriptions and speak to your PA to see if there are any courses you would like to do.



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Retail Level 2

What will I do on the course?

- You will cover key areas needed to get into the retail industry including customer service, sales techniques and team working.
- You will also get help to perfect your CV and get an interview for a job.

Course length

- 2 days a week for 6 weeks (there is an exam in the final week)

What can I get at the end?

City & Guilds Level 2 Certificate in Retail

First Steps™ Introduction to Youth Work

What will I do on the course?

- You will get an introduction to the basic skills of working with young people to a local and national standard. You will also cover areas such as Roles and Boundaries, Child Protection and Health and Safety.
- *If you want to do the Level 2 course you will need to have completed this first.*

Course length

- 3 days

What can I get at the end?

OCNER Certificate (Level 2 Credit 3)

ABC Level 2 Youth Work

What will I do on the course?

- You will take the next step to becoming a professional youth worker and learn how to build relationships, make a difference in young people's lives and help young people develop an awareness of themselves.
- During the course, you will also need to get a minimum of 80 hours experience working with young people.

Course length

- 1 day a week for 10 weeks

What can I get at the end?

Level 2 Certificate in Youth Work (VRQ)





Basic Skills

What will I do on the course?

- You will work with the tutor to improve your basic literacy and numeracy skills such as working out everyday number problems, improving communication skills and much more.

Course length

- 1 day a week for 12 weeks

What can I get at the end?

NOCN Entry Level (1, 2 or 3) Certificate in Adult Literacy and Adult Numeracy

Goals for Young People

What will I do on the course?

- You will learn about motivation and self confidence to achieve your goals and how to get your perfect job.
- You will take part in group discussions and exercises on self esteem, responsibility, blame culture and how to overcome multiple barriers.

Course length

- 2 days

What can I get at the end?

4 credits of an OCN qualification. This could be anything from Entry Level to Level 2

Basic First Aid

What will I do on the course?

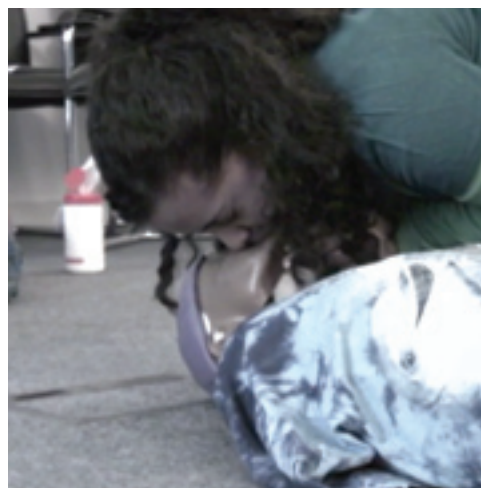
- You will learn basic first aid skills so that you can deal with incidents around the home or when you are out and about.
- You will learn how to deal with unconscious casualties, resuscitation, blood loss, burns, fractures and lots more.

Course length

- 1 day

What can I get at the end?

British Red Cross Basic First Aid certificate



Looking After Other People's Children - Basic First Aid for Babies & Children

What will I do on the course?

- You will learn about the key skills needed for looking after other people's children. This will include first aid, protecting children, health and safety, dealing with difficult situations and play activities for children.

Course length

- 2 days

What can I get at the end?

British Red Cross Basic First Aid certificate

Food Safety

What will I do on the course?

- You will get an introduction into Food Safety which will help you get into the catering industry.

Course length

- 1 day

What can I get at the end?

Chartered Institute of Environmental Health Food Safety Level 2 Certificate

Health and Safety

What will I do on the course?

- You will get an introduction into the basic principles of Health and Safety in the workplace.
- You will learn about identifying common hazards in the work place and be aware of injuries at work.

Course length

- 1 day

What can I get at the end?

Passport for Health & Safety (IOSH)

Rolling Sound Multimedia Programme

What will I do on the course?

- You will get an introduction into a range of exciting new media with the support of experienced trainers, including *Computer Games Design, Animation, Graphics, Photography and Web Design*.

Course length

- 1 day a week for 3 weeks (for each area)

What can I get at the end?

If you go to 2 out of 3 sessions on any module you may receive an AQA certificate. If you go to 10 out of 12 sessions over 4 modules, you will be eligible for a Bronze Arts Award



Oakley Adventures Boot Camp Experience

What will I do on the course?

- The Boot Camp Experience is a chance to get out into the great outdoors and take part in activities such as rock climbing, abseiling, mountain biking and team building.

Course length

- 3 days plus pre course and post course meetings

What can I get at the end?

One challenge of the National Youth Achievement Award at Bronze level

Job Readiness Programme

What will I do on the course?

- You will develop your employability skills and meet the needs of employers. You will cover everything from working out your own career goals and how to work as a team to meeting a real employer and doing mock interviews.

Course length

- 3 modules – 2 days each
Getting ready for success, Getting the job you want and Keeping the job you want

What can I get at the end?

**Certificate of attendance for each of the modules
BTEC Work Skills Unit Award at Level 1**

Forklift Truck Training

What will I do on the course?

- This course will give you the training needed to operate a forklift truck in a work environment such as a building site or warehouse. Before you do the course you have to attend a 2 hour taster session.
- As well as using a forklift truck, the trainers will also support you with interview practice and telephone techniques and you will actually call an employer or job agency on the final day.

Course length

- 5 days



What can I get at the end?

Basic Operator Skills test certificate accredited by RTITB Ltd

Community Sports Leaders Award (CSLA)

What will I do on the course?

- You will gain the skills necessary to lead safe, purposeful and enjoyable sporting and recreational activities.
- You will develop your leadership skills and learn how to plan, deliver and evaluate a sports session.

Course length

- 5 days

What can I get at the end?

Sports Leaders U.K. Level One Award in Community Sports Leadership

Trident Work Experience

What will I do on the course?

- You will get the opportunity to gain experience in a real work environment which will help you build up your CV.

Course length

- 1 week placement
- 2 week job trial (with an interview)
- 1 day a week for 12 weeks

What can I get at the end?

Valuable experience in the workplace and possibly a job

Construction Site Certification Scheme (Health and Safety Card)

What will I do on the course?

- You will get Health and Safety training and sit the exam for the CSCS card that is essential for working in the construction industry.
- You will sit mock tests to practice and then sit the real exam at the end of the day.

Course length

- 1 day

What can I get at the end?

CSCS Health and Safety Card

Can't see the course that you are looking for?

We can pay for a course of your choice such as:

- SIA card test (Door supervision licence)
- Other sports courses
- Hairdressing/beauty
- Photography
- Theatre/dance
- Building/plumbing/electrical courses
- Plus much much more...

What do other young people think?

"You learn things and it refreshes your mind from school/college"

"I enjoyed myself and had a great week"

"Excellent"

"It keeps you interested and it was fun"

"I enjoyed myself and successfully passed"

"I had all the support I needed and never once felt disappointed"

"Great"

To contact your local borough
AAP Personal Adviser visit:
www.centrallondonconnexions.org.uk
or contact Bally Sappal on 020 7938 8089



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